

Mental Health, Behavioral, and Emotional Support Services and Programs, and Safety Drills

Saints John and Paul School

August 2020

Mental Health, Behavioral, and Emotional Support Services

- The Saints John and Paul School task force has addressed this area in length. During the summer, our committee has posted resources for parents as well as contact information of professionals that would be able to help parents and students over the summer. Please reference our taskforce link <http://www.sjpschool.org/social-emotional>



Mental Health, Behavioral, and Emotional Support Services

- Saints John and Paul School also contracts with the Alcohol and Drug Abuse Prevention Program (ADAPP) to provide services for our students and staff. An ADAPP provider will be in our building to provide services to our students.
- The following will occur at Saints John and Paul School:
 - Educating staff, parents, and students on symptoms that identify mental health needs
 - Promoting social-emotional learning competency and building resilience
 - Helping to ensure a positive, and safe school environment
 - Teaching and reinforcing positive behaviors and decision-making
 - Encouraging and helping others
 - Encouraging good physical health
 - Access to school-based mental health support through ADAPP
 - Ensuring the integration of Catholic spiritual doctrine as it relates to ministering to the whole person - body, mind, and soul

Mental Health, Behavioral, and Emotional Support Services

Staff and families must know that they should consult with our ADAPP counselor, nurse, or administrator and with the student's parents if one or more of the following behaviors are observed:

- Feeling sad or withdrawn for more than two weeks
- Seriously trying to harm oneself or making plans to do so
- Sudden overwhelming fear for no reason, sometimes with a racing heart or fast breathing
- Involvement in many fights or a desire to badly hurt others
- Severe out-of-control behavior that can hurt oneself or others
- Dramatic weight loss or weight gain
- Intense worries or fears that provide obstacles to daily activities
- Extreme difficulty concentrating or staying still, which places the student or staff member in physical danger or causes problems in the classroom
- Repeated use of drugs or alcohol
- Severe mood swings that cause problems in relationships
- Drastic changes in the student's or staff member's behavior or personality

Mental Health, Behavioral, and Emotional Support Services

- In keeping with the notion of the Jesuit motto of the Cura Personalis, or ministry of “personal care,” many useful resources from ADAPP are available to support principals and all school community members in this regard.



Mental Health, Behavioral, and Emotional Support Services

Archdiocese of New York Drug New York State Mental Health

Abuse Prevention Program Assistance Hotline

2789 Schurz Ave 1-844-863-9314

Bronx, NY 10465 OR

718-904-1333 1-888-NYC-WELL

[https://adapp.org/ COVID-19 Resources NY](https://adapp.org/COVID-19%20Resources%20NY)

New York State Mental Health

Assistance Hotline

1-844-863-9314

OR

1-888-NYC-WELL
(1-888-NYC-WELL)

[COVID-19 Resources NY](#)

IESP Students

- Saints John and Paul have coordinated with Mamaroneck Public Schools to continue services for our IESP students via tele therapy. Saints John and Paul will keep cohorts together for services and will have a teacher with them to help with instruction, tele therapy as well as being a liaison between the therapist and the teacher.
- Reminder – Parents must send the principal the new 2020-2021 IESP provided by Mamaroneck Public Schools. This would allow Saints John and Paul to be able to provide the modifications and or accommodations needed. Parents must send it via email to fgianni@sjpschool.org

Archdiocese Assistance Plans

- Saints John and Paul School will continue to accommodate students with Assistance Plans.
- New forms will be emailed to parents some time in September. Please make sure you sign them and send them back via email to fgianni@sjpschool.org



SIGNATURE



Safety Drills

- Safety drills will still be conducted at Saints John and Paul School.
- These drills include fire and evacuation drills.
- Fire drills will be conducted by staggering classes always maintain appropriate distancing and using face coverings.
 - Staggering by the classroom, minimizes contact of students in the hallway. Students will be instructed that if it was a true emergency the imminent concern is to get to safety.



Safety Drills

- Conducting lock down drills in the classroom will occur maintaining social distancing and using face coverings.
 - These drills will occur without “hiding” / “sheltering” an overview of how to shelter or hide in a classroom will be explained through a power point.

