

# Mental Health, Behavioral, and Emotional Support Services and Programs, and Safety Drills

Saints John and Paul School

August 2021

Presentation #2

# Mental Health, Behavioral, and Emotional Support Services

- The Saints John and Paul School task force has addressed this area at length. In 20-21 our task force posted resources for our families, and those resources are still available. Please reference our taskforce link <http://www.sjpschool.org>



# Mental Health, Behavioral, and Emotional Support Services

- Saints John and Paul School will be utilizing Catapult Counseling Services this year.
- The following will occur at Saints John and Paul School:
  - Educating staff, parents, and students on symptoms that identify mental health needs
  - Promoting social-emotional learning competency among students and helping them build resilience
  - Helping to ensure a positive, and safe school environment
  - Teaching and reinforcing positive behaviors and decision-making
  - Encouraging and helping others
  - Encouraging good physical health
  - Access to school-based mental health support through Catapult (October through May)
  - Ensuring the integration of Catholic spiritual doctrine as it relates to ministering to the whole person - body, mind, and soul

# Mental Health, Behavioral, and Emotional Support Services

Staff and families must know that they should consult with our counselor, nurse, or administrator and with the student's parents/guardians if one or more of the following behaviors are observed:

- Feeling sad or withdrawn for more than two weeks
- Seriously trying to harm oneself or making plans to do so
- Sudden overwhelming fear for no reason, sometimes with a racing heart or fast breathing
- Involvement in many fights or a desire to badly hurt others
- Severe out-of-control behavior that can hurt oneself or others
- Dramatic weight loss or weight gain
- Intense worries or fears that provide obstacles to daily activities
- Extreme difficulty concentrating or staying still, which places the student or staff member in physical danger or causes problems in the classroom
- Repeated use of drugs or alcohol
- Severe mood swings that cause problems in relationships
- Drastic changes in the student's or staff member's behavior or personality

# Mental Health, Behavioral, and Emotional Support Services

- In keeping with the notion of the Jesuit motto of the Cura Personalis, or ministry of “personal care,” many useful resources from Catapult are available to support principals and all school community members in this regard.



Mental  
Health,  
Behavioral,  
and  
Emotional  
Support  
Services

New York State Mental Health  
Assistance Hotline

1-844-863-9314

OR

1-888-NYC-WELL  
(1-888-NYC-WELL)

[COVID-19 Resources NY](#)

# IESP Students

- Saints John and Paul will be coordinating with Mamaroneck Public Schools to offer services to our students who have an IESP.
- Reminder – Parents/guardians must send the principal of Saints John and Paul the current IESP 2021-2022 for their child that was provided to you by Mamaroneck Public Schools. This would allow Saints John and Paul to be able to provide the modifications and/or accommodations needed for the academic school year. Parents must send current IESP via email to [fgianni@sjpschool.org](mailto:fgianni@sjpschool.org)

# Archdiocese Assistance Plans

- Saints John and Paul School will continue to accommodate students with Assistance Plans.
- New forms will be emailed to parents/guardians some time in September. Please make sure you sign them and send them back via email to [fgianni@sjpschool.org](mailto:fgianni@sjpschool.org)





# Safety Drills

- Safety drills will still be conducted at Saints John and Paul School.
- These drills include fire and evacuation drills.
- Fire drills will be conducted by staggering classes, always maintaining appropriate distancing, and using face coverings.
  - Staggering by the classroom, minimizes contact of students in the hallway. Students will be instructed that, if it were a true emergency, the imminent concern is to get to safety.



# Safety Drills

- Conducting lock down drills in the classroom will occur while maintaining social distancing and using face coverings.
  - These drills will occur without “hiding” / “sheltering”. An overview of how to shelter or hide in a classroom will be explained through a powerpoint.



# SJP Care

- Students who participate in aftercare will eat in their classroom before dismissal.
- Students will be in cohorts based on class or family 6 feet apart in the auditorium area.
- Within each cohort students can be 3 feet apart.
- Parents will pick up their children from the side entrance of the auditorium by ringing the doorbell.
- For more information on the SJP Care Program, [click here](#).

